



# EXTRA-CURRICULAR ACTIVITIES

<i>Name</i>	<i>Type of CAS</i>	<i>Description</i>
<b>National Honour Society</b>	Service, Creativity	Students of high academic standing with a record in service and leadership engage in peer tutoring and organize certain academic events throughout the year.
<b>Debate Society</b>	Creativity	Students who enjoy arguing engage in debate in a polite way.
<b>Varsity Darts Club</b>	Activity	Students get together at lunchtime and plays darts in preparation for competitions against other schools.
<b>STJIS Amnesty International</b>	Creativity, Service	The club raises awareness and funds for different causes.
<b>Oxfam</b>	Service	Students raise funds for Oxfam by selling its products at school.
<b>Giraffe Project</b>	Service	Students help bring education to the children in the poorest parts of Kenya. They raise money through various fundraisers to allow the project to build schools.
<b>Lion's Tale</b>	Creativity, Service	Students run our online student newspaper, which allows articles to be written about pretty much anything, ranging from arts to comedy to anything one can think of. They also have quizzes and weekly horoscopes.
<b>International Award</b>	Creativity, Activity, Service	A rigorous CAS activity along with adventurous journeys (where students go hike, camp, and cook for themselves.)
<b>Qhubeka</b>	Service	Students organise numerous fundraisers to help buy bikes for people in Africa.
<b>Relay For Life and Relay Recess</b>	Service, Creativity	Students raise funds and participate in Relay for Life to help fight cancer.
<b>Arts Support Program</b>	Service	Students are involved in helping out during Arts events.
<b>In the Groove</b>	Creativity	Students play different records, listen to them, and appreciate them together.
<b>HS Dance Afterschool</b>	Creativity	Students choreograph and dance to compete in the Dance ISSTs and perform at the School-Wide Dance Showcase.
<b>Bus Monitors</b>	Service	HS students maintain order and safety for all passengers on their bus
<b>Front of House Manager</b>	Service	Students organise all promotion and ushering for the musical and other Performing Arts events.
<b>Prom Committee</b>	Service	Students organize the prom and arrange the venue, the menu and the music. They raise money for it as well.
<b>Student Council</b>	Service	Students are in charge of planning high school events such as dances and spirit week, and consult with the administration on various issues.
<b>Theatre Tech</b>	Creativity, Service	This is a small group of students in charge of lighting and sound for all school productions or events that involve tech. They definitely deserve everyone's respect, as they are the reason our shows look so good.



<b>Chess Club</b>	Creativity	Students play chess. It is just as straightforward as it sounds.
<b>MUN and Model NATO</b>	Creativity	Students debate international relations and represent the school at conferences.
<b>Project GAIA</b>	Service, Creativity	Students investigate any environmental issue that they would like to. The GAIA garden includes a greenhouse and an insect motel.
<b>Drama Club</b>	Creativity	Students put on a Spring Play.
<b>Programming Club</b>	Creativity	Students who already program teach students who are interested in learning how.
<b>Maitland Cottage/Born in Africa</b>	Service	Students raise funds for a hospital and schools in South Africa. Members of the club visit South Africa and volunteer on-site.
<b>Choir</b>	Creativity	Students sing songs from all over the world and perform multiple times throughout the year.
<b>Chamber Orchestra</b>	Creativity	Students are part of our school's orchestra and perform at concerts.
<b>Instrumental Music</b>	Creativity	Students learn and practice how to play various musical instruments.
<b>Dramatic Productions</b>	Creativity, Activity, Service	Students sing, dance, and act, as well as work backstage or run theatre tech.
<b>Gay Straight Alliance</b>	Service	Students talk about LGBTQ+ issues and general questions. It is a safe place for this type of discussion and a great group to be in. They also host various events to bring awareness.
<b>Red Cross – Alseberg Refugee Centre</b>	Service, Creativity	Once a month students go to a refugee center. It is an extremely fulfilling experience where students color or play sports with young kids to brighten their lives.
<b>Myth Hunters</b>	Creativity	Students explain myths and educate each other on these discoveries. They investigate things that people believe and debunk them if they are untrue.
<b>Art Gallery Curators</b>	Creativity, Service	Students help to set up for art exhibitions. For aspiring artists, this is a real opportunity to learn what running a gallery is like.
<b>After-School Activities</b>	Activity, Service	Students help out during after-school activities for younger students.
<b>Poetry club</b>	Creativity	Students get together and write, read, and discuss poetry.