



ST. JOHN'S LIONS

ATHLETICS

Handbook
2016-2017



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ST. JOHN'S LIONS PHILOSOPHY OF ATHLETICS

“Not everyone can be a winner all the time but everyone can make that effort, that commitment to excellence.” – Vince Lombardi

The purpose of athletics at St. John's International School is to promote the physical, mental, moral, and emotional well-being of the student-athlete.

At St. John's, we encourage a winning spirit without losing sight of the ideals of athletic competition.

Student-Athletes at St. John's will recognize that they are official representatives of the school and, as such, represent the entire St. John's community. They are school leaders and their actions in and out of school build respect and school spirit.

To be eligible for interscholastic athletics, STJ student-athletes will meet all requirements set forth by the St. John's Athletic Code and their respective coaches.

GUIDING STATEMENTS

The Athletic Department strives to follow the school's Guiding Statements.

Our Vision: St. John's students live our values to impact the world.

Our Mission: St. John's International School provides an English-language education based on Christian values, demands personal excellence and stimulates individual responsibility within a culturally diverse environment.

Our Values: St. John's embraces its historical tradition and, in particular, the Christian values of:

Companionship – the gentleness to befriend and strength to accompany

Respect – of people, languages, cultures, beliefs and values

Integrity – being true to ourselves, to each other, and to our world

ATHLETIC PROGRAM AFFILIATION

The St. John's Lions are affiliated with two sports organizations for the purpose of providing meaningful competition on a seasonal, tournament, and friendly basis. These organizations are the International Schools Sports Tournament (ISST) and the US Department of Defense Dependents Schools (DODDS).

ISST

St. John's was a founding member of this organization in 1965. As an ISST member school, the Lions travel to and host other member schools in many midweek and weekend competitions and compete in ISST Championships. The ISST currently has three (3) divisions in Boys Soccer, and Tennis; two (2) divisions in Cross Country, Girls Soccer, Boys Volleyball, Girls Volleyball, Boys Basketball, Girls Basketball, Rugby, Baseball and Softball; and one (1) division in Field Hockey, Swimming and Track and Field.

As a full ISST member, St. John's competes in the following sports:

Fall Season

Boys & Girls Volleyball
Boys & Girls Soccer
Boys & Girls Cross Country*

Winter Season

Boys & Girls Basketball
Boys & Girls Swimming*

Spring Season

Boys Baseball
Girls Softball
Boys & Girls Tennis
Boys & Girls Golf
Boys & Girls Track & Field

* = Varsity & JV teams

DODDS

St. John's competes in DODDS Cross Country and participates in the DODDS European XC Championship. The Lions also occasionally compete with local DODDS schools in girls volleyball; boys & girls basketball and baseball.

PROGRAM GOALS

The Athletic Program at St. John's is designed to enhance the realization of the following objectives:

1. To provide students with the opportunity to develop advanced and specialized neuromuscular athletic skills; to achieve a high level of fitness; to develop sportsmanship and a competitive spirit; and to increase their knowledge of game strategies and rules.
2. In addition it is expected that the STJ student-athlete will:
 - a. Constantly re-evaluate his/her concept of his/her physical, emotional, and psychological limits;
 - b. Acquire an increased measure of self-discipline as well as understand its value in pursuit of clearly defined goals;
 - c. Evaluate defeat as well as success objectively and not view them as an end of themselves but as lessons containing valuable material for growth and development;
 - d. Learn to accept criticism in the context which it is given and use it as a tool for self-improvement;
 - e. Learn to accept, respect, and value necessary and responsible authority.
 - f. Learn to manage time effectively and be able to successfully balance academics and sports.
3. The STJ student-athlete will become exposed to a variety of different cultures and individuals through the reciprocal housing program and will learn the function as host to visiting athletes and how to be a proper guest in a host family's home while traveling.

The STJ Athletic Program consists of three levels: Middle School teams; Junior Varsity teams; and Varsity teams. The expectations of each of these teams are:

STJ MS/HS ATHLETIC PROGRAMS

STJ Middle School Teams

There are competitive, interscholastic STJ teams in Boys Soccer, Girls Soccer, Girls Volleyball, Boys Basketball, and Girls Basketball. Try-outs are conducted for membership on these teams which may result in students being "cut" in order for the team to be of maximum size. MS teams are divided into an "A" team, of the more skilled and advanced players, and a "B" team, or those team members who are less skilled and/or experienced. The exception to this is MS Girls Soccer which has only an "A" team. In addition to these teams, STJ also offers "junior teams" in Cross Country (boys & girls); Swimming (boys & girls); and Track & Field (boys & girls). These junior teams are under the guidelines of the International School Sports Tournament (ISST) organization, are strictly grouped by age, and are part of the high school, and ISST program.

It is the purpose of the MS sports teams to provide each team member with a fair amount of playing time and to help each member improve in his/her particular sport. The emphasis will

be placed on individual and team development and not on winning games/matches, although opportunities will be created in which all team members will be able to test their skills and development against other international school teams.

The STJ MS teams will play a schedule that is conducive to their respective age groups. This will include travel weekends and hosting weekends in the Fall and in the Winter season.

STJ Junior Varsity (JV) Teams

STJ Junior Varsity (JV) teams are a part of the high school sports program. These teams are open to STJ full-time students in grades 9-12. Try-outs are held and “cuts” may be made to ensure teams of maximum size. The purpose of the Junior Varsity teams is to provide each team member with fair amount of playing time and to emphasize individual and team development and to prepare STJ student-athletes for higher competition.

STJ Varsity Teams

STJ Varsity teams are a part of the high school sports program. These teams are open to STJ full-time students in grade 9-12. Try-outs are held and “cuts” may be made to ensure teams of maximum size. Due to the higher visibility of Varsity teams and the importance of success in ISST Championships, there is a higher level of emphasis placed on commitment, dedication, and loyalty to a Varsity team. Individual and team development is still an important factor on Varsity teams but there will be additional emphasis placed on team success which may lead to an unequal amount of playing time for each team member.

St. John’s After school activities

St. John's offers a comprehensive after-school and vacation program for all age groups. Students who are not a member of a STJ team are encouraged to register for after-school activities to keep fit and improve or develop athletic skills.

THE ATHLETIC DIRECTOR

The Athletic Director (AD) manages a department that provides a competitive interscholastic sports program for all male and female athletes of every age group. This position involves great responsibility as the AD is constantly maintaining the good name and public image of St. John's International School. Basic responsibilities include, but are not limited to the following:

- Supervise the Athletic and the K-12 PE programs
- Liaise with the principals including attendance at required meetings in order to ensure the existence of a proper balance between the academic and athletic programs. Behavioural management of student-athletes is the joint responsibility of the AD and the principals with the latter having the final decision-making authority.
- Maintain and update, as needed, an athletic policy manual that provides consistent and common-sense guidance for the program.
- Schedule all interscholastic games and matches.
- Coordinate practice schedules, in order to ensure efficient and equitable use of facilities.
- Supervise home athletic events:
 - Arrange for the preparation of fields and gyms.
 - Arrange for the assignment and payment of referees, umpires, timers and scorekeepers.
 - Arrange for the coordinated and secure use of locker rooms.
 - Arrange for the housing of visiting teams.
 - Respond to any emergencies, such as injuries.
 - Diplomatically handle any breaches of ethical conduct by coaches, athletes, parents, or spectators.
- Coordinate all away athletic events:
 - Make transportation arrangements in a cost-effective manner.
 - Communicate with host schools to ensure proper housing of STJ students.
 - Communicate with parents, coaches and athletes the responsibilities and expectations of each.
 - Communicate schedules and lists of traveling students to the appropriate school secretaries.
 - Investigate and implement corrective action whenever concerns arise during travel.
- Employ, supervise and evaluate all coaches. Principals exercise complete authority in the assignment and supervision of instructional responsibilities for teachers who coach.
- Prepare and manage the athletic budget to ensure fiscal responsibility.
 - Order and supervise the use of equipment and supplies.
 - Establish and maintain a cycle for uniform replacement.
 - Liaise with the physical education coordinator so that duplication of purchases will be avoided.
 - Work with business office to facilitate the payment of travel expenses by parents
- Schedule and assist coaches in arranging award assemblies.
- Maintain administrative files for all athletic correspondence, performance records, and award winners, to include ordering and displaying ISST championship banners.
- Liaise with the yearbook sponsor to edit the sports content for accuracy and appropriateness.
- Act as a liaison with the Athletic Booster Program.
- Represent St. John's at ISST AD meetings and communicate with staff necessary information gathered from these meetings.
- Supervise, with the physical education coordinator, the use and maintenance of the sports complex to include the arena, hall foyer, weight room, dressing rooms, and playing fields.

- Supervise and maximize the activities of the Athletic Director Assistant.
- If needed, coach one major varsity sport per school year.
- Carry out any other responsibilities that are delegated by the Head of School.

ST. JOHN'S LIONS ATHLETIC CODE FOR STUDENTS

Note to STJ students: Trying out for or becoming a member of any STJ team implies that the student has read, understands and agrees to abide by the *Athletic Code for Students*.

Violating the Athletic Code has consequences. A first-time violation may lead to suspension from 2 games or matches, but the student-athlete must be present at the team's practice sessions. If an away trip is involved, the athlete will not be permitted to accompany the team (ISST included). A second-time offence of the Athletic Code may lead to expulsion from the team, and may make the student in question ineligible for future participation in STJ's sports program.

Student-athletes at St. John's...

1. Are fully aware that participation in STJ's athletic program is a privilege – not a right – granted to those who meet the standards established by St. John's and the ISST.
2. Meet St. John's academic requirements and maintain an average of a 3+ grade or higher in each of his or her subjects.
3. Make every effort to meet their academic responsibilities and goals, and be committed members of their sports team.
4. Ensure they have signed up with the head coach of the sports team for which they are trying out.
5. Have a medical exam on file with the school nurse for the current school year
6. May be a member of a maximum of 1 sports team per season
7. Know that attendance is important at practices and games and, thus, make every effort to schedule appointments and other commitments outside of team practices, meetings, and games.
8. Inform their coach with at least 24 hours notice with an email sent by a parent¹ if he or she must miss a scheduled practice or game. If ill or experiencing academic concerns, a student-athlete must also present a note from a doctor or teacher to the coach at the next team meeting, practice or game (whichever one occurs first).
9. Are sportsmanlike on and off the field, and embody STJ values.
10. Are on-time for all team engagements.
11. Try their best on and off the field
12. Put their team's needs ahead of their own
13. Are prohibited from smoking, drinking alcohol, using tobacco or any illegal substances during sports-related events.
14. Do not use profanity, act violently, or express themselves or act in ways that could be considered offensive or disrespectful.
15. Complete an Assignment Sheet² for any classes that must be missed (either partially or completely) due to a school-scheduled athletic event. Students are responsible for making up any material missed or school work assigned during their absence.
16. Are to dress appropriately for all school-sponsored trips and days on which games are scheduled.

¹ The term "parent" is used throughout the Athletic Handbook to include natural, adoptive, foster, or surrogate parents; legal guardians; or any primary caregiver who is acting in the role of a parent.

² the school-issued form that students must complete if they plan to miss part of all of a class

17. Do not wear or use their STJ team's uniform(s) outside of school-scheduled games.
18. Travel to scheduled sporting events with their team on school-provided transportation (unless otherwise specified by the AD). An athlete may return from an away event by other means with a parent's permission, provided (1) it is granted by the AD before the trip in question, or (2) that a parent collects their child at the event itself. In such cases, parents are solely responsible for arranging return transportation that differs from that of the team, and any associated costs.
19. are prohibited from driving visiting athletes in their private vehicles without parental supervision
20. are responsible for any sports equipment or uniforms issued to them by the school and return these promptly and in good condition when the athletic department calls them in. Report cards or awards may be withheld until all issued items are accounted for.
21. respect and under no circumstances dispute calls made by an official or referee.

When visiting another school on "away days" or ISST championships, student-athletes:

- Cannot change housing arrangements that have been made by the host school
- obey all instructions given to them by their host parents, the host school, and their coaches as if these instructions were given to them by their own parents. This applies to all activities irrespective of location undertaken during the period of the school-sponsored event.
- Return to the host parent's home by the curfew hour set by the host school, and stay there from curfew until the next morning.
- Maintain the sleeping space and other in-house facilities provided by the host family in orderly and organized condition.
- Must always inform the host family parents of their intentions and location when leaving the host family home.
- Respect the host school's program or activities that may be in progress
- Do not wear clothes that may viewed as offensive
- Do not leave the sports grounds without the permission of their chaperone or coach
- Violating any of the above "away day" rules may lead to one of the following outcomes. The coach, after consulting with the AD, will (1) either notify the parents and send the athlete back to STJ at the athlete's expense; (2) remove the athlete from the host school housing and place him/her in a hotel at the athlete's expense; or (3) allow the athlete to remain on the trip, but not take part in activities. Upon returning to STJ, future participation in athletic activities will be evaluated.

ISST-specific guidelines³

- Student-athletes may not negotiate changes to the *ISST Rules and Guidelines* or provisions set forth by the host school.
- On arrival day of ISSTs (which is usually the day before the tournament begins), no visiting athlete is allowed to leave the host family or the host family's environment (i.e., visiting students do not go out with the host students or on their own).
- On school days during ISSTs, the curfew is set at 10.00 p.m. Visiting students in grades 9 and above are allowed to visit the city with the consent of the host.
- On the last day of ISSTs, the curfew is set at 11.00 p.m. Visiting students in grades 9 and above are allowed to visit the city with the consent of the host.

³ For the latest guidelines, please consult the following links:

<http://theisst.com/Page.asp?n=48158&org=THEISST.COM>, <http://theisst.com/Page.asp?n=48159&org=THEISST.COM>, and <http://theisst.com/Page.asp?n=48165&org=THEISST.COM>

- For the entire duration of ISST, students in grades 6, 7 or 8 are not allowed out of the host family's environment unless chaperoned by a host parent or event sponsor.
- Any transgression of the ISST regulations regarding housing, by any participant, will result in those involved being immediately removed from housing with the host families. The student will either be placed in the care of the coach for the duration of the championships or will be sent home. Violation of these regulations will be reported to the responsible ISST official and to the student's Head of School. The offending student will be removed from the Championship and from the host family home, and will either be placed under the direct supervision of his or her coach or sent home.

ATHLETIC DEPARTMENT EXPECTATIONS FOR PARENTS OF STUDENT-ATHLETES⁴

Note to parents of STJ student-athletes: in order for your son(s) or daughter(s) to participate in athletic program at St. John's, you are required to have read, understand, and agree to abide by the following parental guidelines. You also are required to have read and understand the *Athletic Code for Students* on pages 7-9 of this handbook.

As a parent of a STJ student-athlete:

1. You are fully aware that your child's participation in St. John's athletic program is a privilege – not a right – that is granted by the school to those who meet the standards established by St. John's and the ISST.
2. You will make every effort to pay the sports season fee within within 1 week of being notified that your child has been selected to be a member of a team.
3. You display the ideals of sportsmanship and show respect towards all teams, players, coaches, and officials.
4. You recognize that your child's attendance at practices and games is important and, thus, will make every effort to schedule your child's appointments and any other commitments outside of team practices, meetings, and games.
5. You understand and accept that St. John's sports coaches try to do what is right for the team, by putting the team's best interests ahead of the interests of individual team members. As such, you should respect the choices made by coaches regarding lineup and strategy.
6. You refrain from using profanity, distracting and interfering with the performance of a competing athlete or coach, or behaving in a way that is disrespectful.
7. You are automatically inducted as a member of the Athletic Booster Program and, as such, should volunteer at least 2 times during the season of your child's participation. All parents of students that have been chosen to play on a sports team will be contacted by a member of the executive board.
8. You agree to house athletes from visiting schools during the season of your son or daughter's participation and during STJ-hosted ISST Championships.
9. You agree to follow these guidelines for housing when hosting visiting athletes:
 - a. During the period of the competition or championship you stand in place of their parents for the student(s) you host. Please exercise with respect to them all supervision and care that you would normally exercise with your own children.

⁴ The term "parent" is used throughout the Athletic Handbook to include natural or adoptive parents, foster parents, surrogate parents, legal guardians, or any primary caregiver who is acting in the role of a parent.

- b. Be familiar with the regulations for student behavior. The students you are hosting have already agreed to observe these regulations. Please report immediately any violation of these regulations by the student(s) you host to the responsible official designated by ISST (i.e. the Tournament Director, Housing Coordinator, Athletic Director).
 - c. Neither host families nor students may negotiate changes to the ISST Regulations for Students with respect to curfew, housing arrangements, the use of tobacco, alcohol or drugs, or any other rules or provisions set forth by St. John's.
 - d. Please make contact with the visiting student(s) you are hosting at the time designated.
 - e. Please arrange for suitable transport, if necessary. Normally this is expected to be a private car to and from the sporting events.
 - f. Please provide the student(s) with a suitable meal at whatever time may be necessary because of the scheduling of the competition.
 - g. Please provide a box lunch for the student(s) during the competition and for the return journey to the home city (unless declined by the student).
 - h. Ensure visiting student's safety by enforcing curfew times and being wary of any allergies or dietary restrictions. The housing coordinator will inform host parents of any allergies of the visiting athletes.
10. You will handle any concerns you may have with how a St. John's coach manages his or her team using the following steps:
- a. Apply the 24-hour rule. It is important to wait 24 hours before bringing up a particular issue to the coach.
 - b. After this 24-hour period, you may request a meeting with the coach. Please discuss the concern with the coach in a reasonable and calm manner with the goal being to reach a resolution.
 - c. Should the concern not be resolved to your satisfaction after this meeting, a second meeting between parents, the coach, and STJ Athletic Director may be requested. At this stage, the AD will act as a mediator and suggest one or more ways to move forward.

THE ATHLETIC CODE FOR COACHES

St. John's sports coaches...

1. Have read, understand and agree to abide by the *Athletic Code for Coaches*.
2. Adhere to the *ISST Guidelines for Coaches*, as outlined in the ISST Handbook and website.
3. Are familiar with the *Athletic Code for Students* and will immediately report any violations to the athletic department.
4. Will present a "Model 2" child protection document to the St. John's HR personnel and sign a contract prior to the start of the season
5. are familiar with their respective sport's "ISST Rules and Regulations"
6. Communicate to their team that any student's participation in STJ's athletic program is a privilege – not a right – granted to them by the school.
7. Know that attendance is important at practices and games and, thus, make every effort to schedule appointments and other commitments outside of team practices, meetings, and games.
8. Provide an email address to all team members and their families
9. Make real contributions to the total education of their athletes by promoting good attitudes, fairplay, and a healthy lifestyle.
10. Set a good example for their students-athletes and the STJ community.
11. Are professional, punctual, respond to the athletic department's requests promptly, and meet deadlines.
12. Serve as teachers and motivators.
13. Are organized and work towards team improvement and building morale
14. Accept decisions made by officials, exhibit sportsmanlike behavior, remain composed and courteous, and are diplomatic. Coaches teach their athletes to adopt this same attitude of respect toward officials. If a player is ever seen disputing an official's call, the coach must immediately remind him or her, and bring up the issue to the whole team at the next team meeting.
15. Teach athletes to be respectful and friendly towards their competition, and should immediately remove a team member who has disrespected his or her opponent from the game.
16. Inspire their players to be good citizens both on and off the field
17. Use proper and professional language. As vulgarity and profanity are not tolerated, coaches are not to tolerate the use of such language by student-athletes at any time.
18. Ensure that the full names of all students trying out have been recorded and submitted to the athletic department.
19. Should always consult the athletic director before responding to a situation or person when in a state of frustration or disappointment.
20. Can use a Facebook group to communicate team-related information to team members, but are not allowed to send personal messages. In general, coaches must only use email, social media, or texting services to communicate about team-related matters.
21. Sit in the coaches' section at the front of the bus when travelling with their team.
22. Maintain a professional relationship with their student-athletes.
23. Are prohibited from consuming or being under the influence of tobacco products, alcohol, or any illegal substances while their team is in their care.
24. Do not publicly criticizing fellow or opposing coaches, and resolve differences of opinion privately. More serious disputes should be mediated by Athletic Directors.
25. Treat officials and opponents with respect.
26. If concerned about a student-athlete's wellbeing or safety for any reason, they should immediately bring the issue to the Athletic Director's attention.

27. ensure that all prospective team members understand the “try-out” phase of the season and criteria for selection
28. clearly communicate the process and criteria (which includes that team members have met stated team requirements during the season) for ISST team selection
29. ensure that all practice sessions are clearly communicated to the team members;
30. ensure that a full medical kit is present at all practice sessions and games;
31. Are aware of any medical needs of team members (allergies, injuries, conditions, etc.)
32. Are advised to record attendance of team members at team meetings, practices, and games.
33. Clearly communicate team requirements and expectations.
34. submit an “End-of-Season” Report to the Athletic Director (including award nominations) and an equipment inventory list to the Athletic Director at the end of the season.

At “home” games the Head Coach:

35. ensures that all team members are present at least 45 minutes prior to the start of a scheduled contest;
36. ensures that all necessary team equipment is available to the team.

At “away” games the Head Coach:

37. Reminds all team members to dress and carry themselves appropriately for travel and being welcomed by the host school;
38. Verifies that all team members have completed an Assignment Sheet, if applicable;
39. Brings all necessary team equipment and medical kit;
40. Will have on hand team members’ medical information. The team’s medical information will be provided to each coach by the athletic department;
41. Assumes a supervisory role when his or her team is staying in a hotel or hostel
42. Ensures that at least 1 chaperone or coach is supervising the students until they are turned over to host school parents or until the host school has accepted the responsibility by dismissing the chaperone or coach.

With regards to ISST participation, the Head Coach:

43. Will inform the team of who has been selected for ISST championship
44. Should consult the AD if he or she would like to make any changes to an ISST team roster that has been published
45. Is responsible and accountable for the behavior of his or her student-athletes.

ATHLETIC ELIGIBILITY

ISST/Varsity ISST Competitions

The STJ Varsity student-athlete must be enrolled full-time in grades 9-13.

An 8th-grader may try out and become a member of a high school team if there is no equivalent middle school team in that sport or their skill level is considered to be exceptional to that of a middle school athlete, meets the ISST age eligibility outlined below, and is approved by the Athletic Director and Principals involved.

To be eligible for an STJ ISST Varsity team, a student-athlete must be at least age **13** and not more than age **18** on September 1st of the current school year.

ISST Junior Team Competitions are held in Cross Country, Swimming, and Track & Field. A member of a STJ Junior team must be at least age **12** and not more than age **14** on September 1st of the school year, and enrolled in grades 7 or 8, to be eligible for an ISST Junior Competition. 6th grade students age 12 are eligible for an ISST Junior Competition with the approval of the AD and the appropriate Principals involved.

Middle School Teams

The STJ MS student-athlete must be enrolled full-time in grades 6, 7 or 8.

Any exceptions to the above eligibility requirements must first follow ISST Guidelines and then be approved by the Athletic Director and Principals involved.

A 5th-grader, 10 years of age, on or before September 1st of the current school year with exceptional talent/skill and with the recommendation of the team Coach, Athletic Director and Elementary School Principal may try out for Middle School sports teams. This is on an exceptional basis, and only after discussion and after permission is granted by the Elementary School Principal. If selected, this student-athlete will not be permitted to miss school due to a sports trip.

Academic Guidelines for Permission to Travel

STJ student-athletes are sometimes required to miss scheduled class time, from 1-4 hours to 4 or 5 days. While STJ recognizes the inherent benefits for students who experience sports-related trips, it is very important that student-athletes maintain appropriate academic standards.

STJ student-athletes are encouraged to structure their unscheduled time in and out of school time as a healthy exercise for managing time.

It is possible for a STJ student-athlete to lose the privilege to travel with their team. **Academic responsibilities come first.** A HS or MS teacher must submit a "Notification of Possible Failure" form to the Principal, who will contact the Athletic Director, when the quality of a student's work, test average, lateness, or absences indicates a possible failure. Loss of permission to travel will only be imposed on a student after being given seven (7) school days to improve class performance. The STJ student-athlete can return to a normal traveling status once the teacher has informed the Athletic Director and MS/HS principal that improvement has been achieved.

ATHLETIC AWARDS STANDARDS

STJ Athletic Awards are given in recognition for athletic achievement and participation, not as compensation.

Criteria

STJ student-athletes will conduct him/herself in such a way as to bring credit to the coach, the team, and the school. No STJ student-athlete will receive an award who is not in good academic and citizenship standing at the time the award is determined. No awards are to be granted without the recommendation of the coach.

Awards Ceremonies

The coach(es) of the STJ sports teams may organize and run a "Team Dinner" at the conclusion of their season. At this dinner appropriate certificates and team awards will be made. The exception to this is the announcing of the team's "Most Valuable" and "Most Improved" awards.

The Athletic Director will organize and run "Awards Nights" usually to be held on the Tuesday evening following the completion of seasonal ISST championships. Also an end of the year Awards Night in the spring when the "MVP's" and "MIP's" of all STJ teams will be announced.

In addition to the above awards the following Special Awards will be given out at the awards night (criteria is below). Nominations for special awards by coaches will be sent to Athletic Director.

The Sister Mary John Shannon Award

The athlete must be a senior who has participated in at least two sports in his/her senior year; the award goes to the top athlete in the senior class; the award is sponsored by the school administration and was first awarded in 1980. This award includes a 500 euro scholarship, provided by the Booster Program, which will be allocated towards the cost of the recipient's secondary education.

The Tom Yetter Sportsmanship Award

The award will be open to any student, boy or girl, in grades 9-12 who best demonstrates on and off court sportsmanship towards other players, coaches, and officials; the recipient must be of excellent character and is a first-class athlete; the award is sponsored by the Booster Program and was first awarded in 1986.

The Michael O. Gambello Outstanding Baseball Player Award

The award will be open to any player in grades 9-12 who best demonstrates:

- sportsmanship towards other players, coaches, and officials;
- a positive competitive attitude towards the game of baseball;
- outstanding leadership qualities; and,
- outstanding baseball ability that particular year.

The award is sponsored by the Booster Program and was first awarded in 1987.

The Tom O'Donnell Award of Achievement

The award is presented to a St. John's student, grades 9 – 12, who best demonstrates outstanding effort to improve performance; criteria to be considered include: persistence, perseverance, effort to achieve, determination, achievement in spite of physical disability; tenacity, and enthusiasm; the award is sponsored by the O'Donnell Family in memory of their son, Thomas, a classmate of the Class of 1998 who died in October 1997 and was first presented in 1998.

STJ All-Academic Team

Criteria for membership to the All-Academic team is as follows: the student is either a junior or senior (11th or 12th grade), participated in two sports during the school year, and achieved high honours during one semester.

The STJ Athletic Department strictly adheres to the statement below for all athletic events:

ISST STATEMENT OF SPORTSMANSHIP

The purpose of the International Schools Sports Tournament is to provide a venue for athletes from the member schools to compete in an environment that is safe, challenging, professional and educational. Each athlete is given the opportunity to demonstrate her/his best athletic ability while maintaining a spirit of respect and co-operation with fellow athletes from various international backgrounds.

Each event involves students and adults in their different roles as athletes, coaches, sports officials and spectators. All those involved in the event are expected to uphold the same spirit of respect and co-operation. This spirit is demonstrated by fair play among athletes, positive encouragement from coaches, impartial judgments from officials and respectful enthusiasm from spectators. The behaviour of the adults is crucial to the successful educational aspect of the tournament.

The adults act as models for our athletes. Therefore profanity, deliberately making noises that distract and interfere with the performance of a competing athlete, the condemnation of coaches or officials, or any behaviour that is disrespectful or degrading to the ISST standard of sportsmanship, jeopardizes the purposes of the ISST organization and, most of all, jeopardizes the quality of the experience for the athletes.

As the event ensues, we ask that all of our parents, coaches, officials and athletes keep this vision of our purpose in mind.

ATHLETIC DEPARTMENT POLICIES

St. John's International School and the Athletic Department will adhere to the following policies in matters of uniforms, facilities and travel:

Uniforms – St. John's sports teams will be expected to wear school-sponsored and authorized uniforms. Selection, purchase, storage and replacement of sanctioned team uniforms is the responsibility of the Athletic Director. The Booster program will provide one or two volunteers to facilitate distribution and collection of team uniforms, as well as for record-keeping of distributed team uniforms. Sponsorship of uniforms by companies or other groups (Boosters, etc.) is acceptable, but must be managed and approved by the Athletic Director and Head of School.

Facilities – St. John's will provide or rent appropriate sports facilities for the sports and activities of the school. Selection of appropriate rental facilities, and management of the rental relationships, is the responsibility of the Athletic Director. Rental contracts for all facilities must go through the procurement office of the school for final approval. Management, scheduling and requests for upkeep of athletics facilities is the responsibility of the Athletic Director. Sponsorship of facilities by companies or other groups (Boosters, etc.) is acceptable, but must be managed and approved by the Athletic Director and Head of School.

Bussing and Travel – St. John's will provide and organize appropriate bus, train or plane transportation for school-sponsored athletic teams. Selection of the most appropriate, most effective and most cost-efficient method of transport is the discretion of the Athletic Director. Parents of athletes on certain teams will be required to pay for the travel of teams in designated circumstances. When traveling to scheduled sporting events, all athletes will travel together on school-provided transportation. Contracts for all travel (bussing contracts, train and plane tickets, etc.) must go through the procurement office of the school for final approval.

APPENDIX

St. John's Athletic Department – Coaching Evaluation

Name of coach:

Team coached:

Ratings are 1-5, with 5 being highest or best possible, based on observations and feedback.

1. Knowledge of the sport and its rules:

1 2 3 4 5

Remarks:

2. Knowledge and use of appropriate coaching techniques:

1 2 3 4 5

Remarks:

3. Relationship with colleagues and peers:

1 2 3 4 5

Remarks:

4. Relationship with student-athletes:

1 2 3 4 5

Remarks:

5. The coach plans, attends, and supervises all team practices:

1 2 3 4 5

Remarks:

6. Practices start and end on time:

1 2 3 4 5

Remarks:

7. The coach ensures all team members conform to STJ & ISST regulations:

1 2 3 4 5

Remarks:

8. The coach took good care of and returned all STJ equipment:

1 2 3 4 5

Remarks:

9. The coach completed and communicated an end-of-season report, including award nominations:

1 2 3 4 5

Remarks:

10. The coach presents an exemplary image of the STJ community:

1 2 3 4 5

Remarks:

11. The coach exhibits control over the team during practices and games:

1 2 3 4 5

Remarks:

12. The coach acts in a professional manner at all times (including relationship with parents):

1 2 3 4 5

Remarks:

13. Effectiveness of the coach in teaching technique:

1 2 3 4 5

Remarks:

14. Effectiveness of the coach in motivating athletes:

1 2 3 4 5

Remarks:

15. Overall Rating:

1 2 3 4 5

General Remarks:

Coaches' Remarks:

St. John's Athletic Department – Student-Athlete Season Evaluation

One of the goals of the Athletic Department is to continually improve our athletic program. Your opinions, suggestions and ideas are crucial in making our teams even better next year.

Level: JV Varsity

Gender: Male Female

Sport:

	Excellent	Above Average	Average	Needs Improvement	Unacceptable	Does Not Apply
Coach encouraged and modelled sportsmanship						
Coach was fair and consistent in treatment of players						
Coach developed team spirit and unity						
Coach is knowledgeable about the sport						
Practices were well-organized and prepared you for competition						
Coach communicates effectively and consistently with team						
Coach's game and sideline coaching helped me and my team during competition						
Coach exhibited good leadership skills						

Please give us some feedback on the work of the assistant coach(es):

Did you enjoy the season and your experience on this team? Why or why not?

List any suggestions you may have to improve the program: