



ST. JOHN'S LIONS
ATHLETICS

Handbook, 2015-2016



TABLE OF CONTENTS

Page

3	St. John's Lions Philosophy of Athletics
4	Athletic Program Affiliation
5	Athletic Program Goals
6-7	STJ MS/HS Athletic Programs
8-9	St. John's Athletic Code
10	Athletic Eligibility
11	Athletic Department Policies
12-13	Athletic Awards Standards
14-15	Guidelines for Coaches
16	ISST Statement of Sportsmanship (from ISST Handbook)

Appendix:

Forms Used By the STJ Athletic Department -

18-19	Coaches' Evaluation – filled out by the coach and reviewed by the AD
20-21	Student-Athlete Season Evaluation – filled out by student-athletes
22	Varsity Letter Policy
	Student Health Form (see Nurse)
	STJ Athletic Department Assignment Sheet (from HS-MS secretaries)
	Accident Declaration Forms (see Nurse)

Contact Information:

Dennis Davis – Athletic Director

ddavis@stjohns.be

+32 (2) 352 06 47

David Brown – Athletic Director Assistant

dbrown@stjohns.be

+32 (2) 352 06 17

ST. JOHN'S LIONS PHILOSOPHY OF ATHLETICS

“Not everyone can be a winner all the time but everyone can make that effort, that commitment to excellence.” – Vince Lombardi

The purpose of athletics at St. John's International School is to promote the physical, mental, moral, and emotional well-being of the student-athlete. Coaches and STJ students-athletes will be expected to display the ideals of sportsmanship and fair play and will be expected to show (and encourage) respect to opposing teams, players, coaches, and officials.

At St. John's we encourage a winning spirit without losing sight of the ideals of athletic competition.

Student-Athletes at St. John's will recognize that they are official representatives of the school and as such represent the entire St. John's community. They are school leaders and their actions in and out of school builds respect and school spirit.

To be eligible for interscholastic athletics, STJ student-athletes will meet all requirements set forth by the St. John's Athletic Code and those set up by the respective coaches.

Guiding Statements:

The Athletic Department strives to follow the school's Guiding Statements -

Our Vision: St. John's students live our values to impact the world.

Our Mission: St. John's International School provides an English-language education based on Christian values, demands personal excellence and stimulates individual responsibility within a culturally diverse environment.

Our Values: St. John's embraces its historical tradition and, in particular, the Christian values of:

Companionship - the gentleness to befriend and strength to accompany

Respect - of people, languages, cultures, beliefs and values

Integrity - being true to ourselves, to each other, and to our world

ATHLETIC PROGRAM AFFILIATION

The St. John's Lions are affiliated with two sports organizations for the purpose of providing meaningful competition on a seasonal, tournament, and friendly basis. The organizations are:

- The International Schools Sports Tournament (ISST)
- The US Department of Defense Dependents Schools (DODDS)

ISST:

St. John's was a founding member of this organization in 1965. As an ISST member school the Lions travel to and host other member schools in many midweek and weekend competitions and compete in ISST Championships. The ISST currently has three (3) divisions in Boys Soccer, and Tennis; two (2) divisions in Cross Country, Girls Soccer, Boys Volleyball, Girls Volleyball, Boys Basketball, Girls Basketball, Rugby, Baseball and Softball; and one (1) division in Field Hockey, Swimming and Track and Field.

As a full ISST member, St. John's competes in the following sports:

Fall Season

Boys (D1) & Girls Volleyball (D2)

Boys (D1) & Girls (D2) Soccer

Boys & Girls Cross Country
(ISST D1 and member of DODDS)
(Varsity & Junior Teams)

Winter Season

Boys (D2) & Girls Basketball (D1)

Boys & Girls Swimming
(Varsity & Junior Teams)

Spring Season

Baseball (D1)

Golf (D1)

Girls Softball (D2)

Boys & Girls Tennis (D1)

Boys & Girls Track & Field
(Varsity & Junior Teams)

DODDS:

St. John's competes in DODDS Cross Country and participates in the DODDS European XC Championship. The Lions also occasionally compete with local DODDS schools in girls volleyball; boys & girls basketball and baseball.

PROGRAM GOALS

The Athletic Program at St. John's is designed to enhance the realization of the following objectives:

1. To provide students with the opportunity to develop advanced and specialized neuromuscular athletic skills; to achieve a high level of fitness; to develop sportsmanship and a competitive spirit; and to increase their knowledge of game strategies and rules.
2. In addition it is expected that the STJ student-athlete will:
 - a. Constantly re-evaluate his/her concept of his/her physical, emotional, and psychological limits;
 - b. Acquire an increased measure of self discipline as well as understand its value in pursuit of clearly defined goals;
 - c. Evaluate defeat as well as success objectively and not view them as an end of themselves but as lessons containing valuable material for growth and development;
 - d. Learn to accept criticism in the context which it is given and use it as a tool for self improvement;
 - e. Learn to accept, respect, and value necessary and responsible authority.
 - f. Learn to manage time effectively and be able to successfully balance academics and sports.
3. The STJ student-athlete will become exposed to a variety of different cultures and individuals through the reciprocal housing program and will learn the function as host to visiting athletes and how to be a proper guest in a host family's home while traveling.

The STJ Athletic Program consists of three levels: Middle School teams; Junior Varsity teams; and Varsity teams. The expectations of each of these teams are:

STJ MS/HS ATHLETIC PROGRAMS

STJ Middle School Teams

There are “competitive”, interscholastic STJ teams in Boys Soccer, Girls Soccer, Girls Volleyball, Boys Basketball, and Girls Basketball. Try-outs are conducted for membership on these teams which may result in students being “cut” in order for the team to be of maximum size. MS teams are divided into an “A” team, of the more skilled and advanced players, and a “B” team, or those team members who are less skilled and/or experienced. The exception to this is MS Girls Soccer which has only an “A” team. In addition to these teams STJ also offers “junior teams” in Cross Country (boys & girls); Swimming (boys & girls); and Track & Field (boys & girls). These junior teams are under the guidelines of the International School Sports Tournament (ISST) organization, are strictly grouped by age, and are part of the high school, and ISST program.

It is the purpose of the MS sports teams to provide each team member with a fair amount of playing time and to help each member improve in his/her particular sport. The emphasis will be placed on individual and team development and not on winning games/matches, although opportunities will be created in which all team members will be able to test their skills and development against other international school teams.

The STJ MS teams will play a schedule that is conducive to their respective age groups. This will include travel weekends and hosting weekends in the Fall and in the Winter season.

STJ Junior Varsity (JV) Teams

STJ Junior Varsity (JV) teams are a part of the high school sports program. These teams are open to STJ full-time students in grades 9-12. Try-outs are held and “cuts” may be made to ensure teams of maximum size. The purpose of the Junior Varsity teams is to provide each team member with fair amount of playing time and to emphasize individual and team development and to prepare STJ student-athletes for higher competition.

STJ Varsity Teams

STJ Varsity teams are a part of the high school sports program. These teams are open to STJ full-time students in grade 9-12. Try-outs are held and “cuts” may be made to ensure teams of maximum size. Due to the higher visibility of Varsity teams and the importance of success in ISST Championships, there is a higher level of emphasis placed on commitment, dedication, and loyalty to a Varsity team. Individual and team development is still an important factor on Varsity teams but there will be additional emphasis placed on team success which may lead to an unequal amount of playing time for each team member.

Parent Concerns with a STJ MS, Junior Varsity, or Varsity Team

It is recognized that in the area of competitive sports differences will arise from time to time between the manner in which a coach chooses, disciplines, and overall handles his/her team and the view of a parent/guardian of a STJ team member in regard to those decisions. When such a difference arises, the STJ Athletic Department would like all parties concerned to use the following guidelines to resolve the difference:

1. Parents/guardians should meet with the coach first before taking the concern to the STJ Athletic Director or a school principal. Parents/guardians should recognize that

immediately after a practice or a game/match is NOT the best time to approach a coach with a parental concern, but to wait 24 hours before approaching a coach with the concern.

2. Request a meeting with the coach to discuss the concern in a reasonable and calm manner with the goal being a resolution of the concern.
3. Should the concern not be resolved to the parents' satisfaction, a meeting between parents, the coach, school principal and STJ Athletic Director may be requested by the parents/guardians. The STJ AD will act as a mediator and will suggest a solution to the concern.

St. John's Academy

St. John's offers a comprehensive after-school and vacation program for all age groups. Students who are not a member of a STJ team are encouraged to register for after-school activities to keep fit and improve or develop athletic skills.

ST. JOHN'S LIONS ATHLETIC CODE

It is an honor to represent STJ, not a right. This honor may or may not be granted to prospective athletes.

Only full-time enrolled students of St. John's International School are eligible to participate on a school team.

Each prospective athlete and his/her parents/guardians must read the St. John's Lions Athletic Code. By signing up for a try-out and paying the season fee you have "signed" your agreement to all of the terms in the Athletic Code. **In order to ensure continued participation on a STJ team, the season fee must be paid in a timely fashion.**

Each athlete must have a current medical exam on file with the school nurse for the current school year.

No STJ student-athlete will be allowed to participate on more than one team in a single sports season at the same time.

Academic Eligibility:

All student-athletes will meet satisfactory academic standards in all subjects. The passing grade is 3+.

Regular school attendance is required of all student-athletes. With proper notification, coaches may excuse lateness or absence from a scheduled practice session or game due to illness or academic concerns.

When an athletic event means missing part or all of a class, the student-athlete is responsible for informing his/her teacher and must complete an Assignment Sheet to keep up with the class.

Student Conduct and Behavior:

Athletes are expected to conduct themselves at all times in such a manner as to reflect credit on themselves, STJ, and the school community. Behavior and/or conduct that reflect badly on the school, even if they occur in non-athletic situations, may constitute grounds for suspension or dismissal from the team, depending on the gravity of the offense.

A curfew hour will be established on evenings prior to a game. The curfew implies "to be home".

Smoking, Drinking, Drugs:

In accordance with STJ and ISST guidelines, smoking, any other use of tobacco, the drinking of alcohol and the use of drugs are not permitted under any circumstances. If a violation of this occurs during an away sports trip, the coach, after consulting with the AD, will make one of the following decisions: Notify the parents and send the athlete back to STJ at the athlete's expense; remove the athlete from the host school housing and place him/her in a hotel at the athlete's expense; allow the athlete to remain on the trip, but not take part in activities. Upon returning to STJ, future participation in athletic activities will be evaluated.

Team Travel:

For all school-sponsored trips to an away competition, student-athletes will dress in business attire, example boys Khaki slacks or dark jeans, dress shirt or sweater. Girls dress slacks or dark jeans, sweater and any St. John's hoodie is also acceptable.

When traveling to scheduled sporting events, all athletes will travel together on school-provided transportation. An athlete may return from an away event by other means only with the parents/guardians permission, provided it is granted before the trip or in the presence of the parent/guardian at the event. The arranging of return transportation that differs from that of the team, as well as any associated costs, are the responsibility of the parents, not the school. Any exceptions must be presented to the AD office/coach well in advance of the trip.

Attendance:

Attendance is important at practices and games. Athletes should make every effort to schedule appointments and other commitments outside of schedule practice/game times. If the athlete must miss a scheduled practice or game, the athlete must inform the coach beforehand.

Equipment:

Athletes are expected to return all equipment/uniforms issued at the end of each season. Responsibility for any equipment/uniforms issued lies with the athlete and report cards, awards, etc. may be withheld until all items are accounted for.

Boosters and Housing:

All parents of student-athletes are automatically members of the Athletic Booster Program, and as such are asked to volunteer at least three times during the school year.

To be a member of a STJ team, all families are required to house visiting athletes during the season of participation and during STJ-hosted ISST Championships.

Athletic Code Violation:

The St. John's Athletic Department strictly adheres to the rules and guidelines outlined in the ISST Handbook. Any violation of the Athletic Code will be reported to the coach and the Athletic Director; Parents/Guardians will be informed of any sanctions taken involving their son/daughter; Consideration will be given to extenuating circumstances involving any violation;

The Athletic Director will make final judgments regarding violations after reviewing all information and speaking with all involved.

Student-athletes suspended from school will not be allowed to practice or participate in scheduled games while serving a suspension.

First Violation of the Athletic Code:

Suspension from two (2) games or matches, if an away trip is involved, the athlete **will not** be permitted to accompany the team (ISST Championship included). The student-athlete will continue to report for regular practice sessions.

Second Violation of the Athletic Code:

Exclusion from the team.

SANCTIONS MAY CARRY OVER INTO THE FOLLOWING SPORTS SEASON.

ATHLETIC ELIGIBILITY

ISST/Varsity ISST Competitions:

The STJ Varsity student-athlete must be enrolled full-time in grades 9-13.

An 8th-grader may try out and become a member of a high school team if there is no equivalent middle school team in that sport, meets the ISST age eligibility outlined below, and is approved by the Athletic Director and Principals involved.

To be eligible for an STJ ISST Varsity team, a student-athlete must be at least age **13** and not more than age **18** on September 1st of the current school year

ISST Junior Team Competitions are held in Cross Country, Swimming, and Track & Field. A member of a STJ Junior team must be at least age **12** and not more than age **14** on September 1st of the school year, and enrolled in grades 7 or 8, to be eligible for an ISST Junior Competition. 6th grade students age 12 are eligible for an ISST Junior Competition with the approval of the AD and the appropriate Principals involved.

Middle School Teams:

The STJ MS student-athlete must be enrolled full-time in grades 6, 7 or 8.

Any exceptions to the above eligibility requirements must first follow ISST Guidelines and then be approved by the Athletic Director and Principals involved.

A 5th-grader, 10 years of age, on or before September 1st of the current school year with exceptional talent/skill and with the recommendation of the team Coach, Athletic Director and Elementary School Principal may try out for Middle School sports teams. This is on an exceptional basis, and only after discussion and after permission is granted by the Elementary School Principal. If selected, this student-athlete will not be permitted to miss school due to a sports trip.

Academic Guidelines for Permission to Travel:

STJ student-athletes are sometimes required to miss scheduled class time, from 1-4 hours to 4 or 5 days. STJ recognizes the inherent benefits for students who experience sports-related trips but recognizes it has an obligation to encourage these student-athletes to maintain appropriate academic standards.

STJ student-athletes are encouraged to structure their unscheduled time in and out of school time as a healthy exercise for managing time.

It is possible for a STJ student-athlete to lose the privilege to travel with their team.

ACADEMIC RESPONSIBILITIES COME FIRST. A HS or MS teacher must submit a "Notification of Possible Failure" form to the Principal, who will contact the Athletic Director, when the quality of a student's work, test average, lateness, or absences indicates a possible failure. Loss of permission to travel will only be imposed on a student after being given seven (7) school days to improve class performance. The STJ student-athlete can return to a normal traveling status once the teacher has informed the Athletic Director and MS/HS principal that improvement has been achieved.

ATHLETIC DEPARTMENT POLICIES

St. John's International School and the Athletic Department will adhere to the following policies in matters of uniforms, facilities, travel and housing:

Uniforms - St. John's sports teams will be expected to wear school-sponsored and authorized uniforms. Selection, purchase, storage and replacement of sanctioned team uniforms is the responsibility of the Athletic Director. The Booster program will provide one or two volunteers to facilitate distribution and collection of team uniforms, as well as for record-keeping of distributed team uniforms. Sponsorship of uniforms by companies or other groups (Boosters, etc.) is acceptable, but must be managed and approved by the Athletic Director and Head of School.

Facilities - St. John's will provide or rent appropriate sports facilities for the sports and activities of the school. Selection of appropriate rental facilities, and management of the rental relationships, is the responsibility of the Athletic Director. Rental contracts for all facilities must go through the procurement office of the school for final approval. Management, scheduling and requests for upkeep of athletics facilities is the responsibility of the Athletic Director. Sponsorship of facilities by companies or other groups (Boosters, etc.) is acceptable, but must be managed and approved by the Athletic Director and Head of School.

Bussing and Travel – St. John's will provide and organize appropriate bus, train or plane transportation for school-sponsored athletic teams. Selection of the most appropriate, effective and cost-efficient method of transport is the discretion of the Athletic Director. Parents of athletes on certain teams will be required to pay for the travel of teams in designated circumstances. When traveling to scheduled sporting events, all athletes will travel together on school-provided transportation. Contracts for all travel (bussing contracts, train and plane tickets, etc.) must go through the procurement office of the school for final approval.

Housing – During a sports season, St. John's teams will go on overnight trips to other international schools for competition and will also host other international schools overnight. On these trips, student-athletes will stay with families of the host school overnight. The housing system enables international schools which are members of the ISST (International School Sports Tournament) organization to provide its teams and student-athletes with meaningful experiences resulting from international travel and meeting fellow athletes from all around the world. As you are housed by families when you travel, being part of a St. John's team also implies hosting visiting athletes in your homes. "Housing" can be a fun experience for, both, host families and visiting guests.

When hosting student-athletes from a visiting school, it is strictly prohibited for a St. John's student-athlete with a driver's license and car to drive his or her guests at any point during their stay.

ATHLETIC AWARDS STANDARDS

STJ Athletic Awards are given in recognition for athletic achievement and participation, not as compensation.

Criteria:

1. STJ student-athletes will conduct him/herself in such a way as to bring credit to the coach, the team, and the school. No STJ student-athlete will receive an award who is not in good academic and citizenship standing at the time the award is determined. No awards are to be granted without the recommendation of the coach.

2. The Athletic Director will determine the standards for the awarding of the following STJ Awards (with the help of the general guidelines listed after each award):
 - a. the varsity school letter “L” – see appendix for criteria (participation in at least 75% of all varsity contests)
 - b. the “sport emblem” pin (2nd year of varsity team participation)
 - c. the “longevity bar” pin (3rd (or more) year of varsity participation)
 - d. the “CAPT” pin (awarded to the official team-designated Captain or Captains)
 - e. the “MGR” (manager) pin (awarded after full participation as a Varsity or JV team Manager)
 - f. the “Most Valuable Player” (may be chosen by the coach(es) or by team “vote”; should be awarded to the team member that proved to be “Most Valuable” to the team as a player and a leader)
 - g. the “Most Improved Player” (to be chosen by the coach(es); should be awarded to the team member who has demonstrated significant skill improvement during the course of the season)

3. Awards Ceremonies

The coach(es) of the STJ sports teams may organize and run a “Team Dinner” at the conclusion of their season. At this dinner appropriate certificates and team awards will be made. The exception to this is the announcing of the team’s “Most Valuable” and “Most Improved” awards.

Dates of Awards Night consist of the Fall season in December and Winter/Spring in June. Special awards will be given out at the June awards night as well as the All-Academic team awards.

The Sister Mary John Shannon Award

The athlete must be a senior who has participated in at least two sports in his/her senior year; the award goes to the top athlete in the senior class; the award is sponsored by the school administration and was first awarded in 1980. This award includes a 500 euro scholarship, provided by the Booster Program, which will be allocated towards the cost of the recipient's secondary education.

The Tom Yetter Sportsmanship Award

The award will be open to any student, boy or girl, in grades 9-12 who best demonstrates on and off court sportsmanship towards other players, coaches, and officials; the recipient must be of excellent character and is a first-class athlete; the award is sponsored by the Booster Program and was first awarded in 1986.

The Michael O. Gambello Outstanding Baseball Player Award

The award will be open to any player in grades 9-12 who best demonstrates:

- a. sportsmanship towards other players, coaches, and officials;
- b. a positive competitive attitude towards the game of baseball;
- c. outstanding leadership qualities; and,
- d. outstanding baseball ability that particular year.

The award is sponsored by the Booster Program and was first awarded in 1987.

The Tom O'Donnell Award of Achievement

The award is presented to a St. John's student, grades 9 – 12, who best demonstrates outstanding effort to improve performance; criteria to be considered include: persistence, perseverance, effort to achieve, determination, achievement in spite of physical disability; tenacity, and enthusiasm; the award is sponsored by the O'Donnell Family in memory of their son, Thomas, a classmate of the Class of 1998 who died in October 1997 and was first presented in 1998.

STJ All-Academic Team

Criteria for membership to the All-Academic team is as follows: the student is either a junior or senior (11th or 12th grade), participated in two sports during the school year, and achieved high honors during one semester.

STJ Athletic Department Guidelines for Coaches

STJ Coaches will read and adhere to the “ISST Guidelines for Coaches”, as outlined in the ISST Handbook.

At the start of a season the Head Coach will:

- a. be asked to present a “model 2” child protection document to the St. John’s Business Office
- b. be familiar with their respective sport’s “ISST Rules and Regulations”
- c. ensure that all prospective team members are aware of and understand the “try-out” phase of the season and how team members will be chosen;
- d. ensure that all prospective team members receive all necessary information about housing responsibilities and travel requirements.

During the season the Head Coach will:

- a. ensure that all practice sessions are clearly communicated to the team members;
- b. ensure that all practice sessions are organized and work toward the goal of team improvement and morale;
- c. ensure that a full medical kit is present at all practice sessions;
- d. be aware of any medical needs of team members;
- e. keep up-to-date on the attendance and academic progression of team members;
- f. clearly state the method and qualifications by which “ISST Team Members” will be chosen from eligible team members.

At the conclusion of a season the Head Coach will:

- a. submit an “End-of-Season” Report to the Athletic Director (including award nominations);
- b. submit an equipment inventory list to the Athletic Director at the end of the season.

For “Home” Games the Head Coach will:

- a. ensure that he/she and all team members are present at least 45 minutes prior to the start of a scheduled contest;
- b. ensure that a full team medical kit is available for team use;
- c. ensure that all necessary team equipment is available to the team.

For “Away” Games the Head Coach will:

- a. ensure that all team members are dressed appropriately for travel and appearance at the host school;
- b. ensure that all team members have completed a travel “Assignment Sheet”;
- c. ensure that all necessary team equipment and medical kit are ready to travel with the team;
- d. ensure that all team members’ medical information is available to him/her during the trip;
- e. ensure that a mobile phone number is made known to all team members and their families.

For ISST participation the Head Coach will:

- a. ensure that all participating ISST team members have been informed of their selection;
- b. ensure that all participating ISST team members have met stated team requirements during the season;
- c. be familiar with their respective sport’s “ISST Rules and Regulations”
- d. inform the Athletic Director IMMEDIATELY when a change in the make-up of a published ISST team is contemplated.

*** Coaches are prohibited from using alcohol or tobacco products while student-athletes are in their care.**

The STJ Athletic Department strictly adheres to the statement below for all athletic events:

ISST STATEMENT OF SPORTSMANSHIP

The purpose of the International Schools Sports Tournament is to provide a venue for athletes from the member schools to compete in an environment that is safe, challenging, professional and educational. Each athlete is given the opportunity to demonstrate her/his best athletic ability while maintaining a spirit of respect and co-operation with fellow athletes from various international backgrounds.

Each event involves students and adults in their different roles as athletes, coaches, sports officials and spectators. All those involved in the event are expected to uphold the same spirit of respect and co-operation. This spirit is demonstrated by fair play among athletes, positive encouragement from coaches, impartial judgments from officials and respectful enthusiasm from spectators. The behavior of the adults is crucial to the successful educational aspect of the tournament.

The adults act as models for our athletes. Therefore profanity, deliberately making noises that distract and interfere with the performance of a competing athlete, the condemnation of coaches or officials, or any behavior that is disrespectful or degrading to the ISST standard of sportsmanship, jeopardizes the purposes of the ISST organization and, most of all, jeopardizes the quality of the experience for the athletes.

As the event ensues, we ask that all of our parents, coaches, officials and athletes keep this vision of our purpose in mind.

APPENDIX

St. John's Athletic Department – Coaching Evaluation

Name of coach:

Team coached:

Ratings are 1-5, with 5 being highest or best possible, based on observations and feedback.

1. Knowledge of the sport and its rules:
1 2 3 4 5

Remarks:

2. Knowledge and use of appropriate coaching techniques:
1 2 3 4 5

Remarks:

3. Relationship with colleagues and peers:
1 2 3 4 5

Remarks:

4. Relationship with student-athletes:
1 2 3 4 5

Remarks:

5. The coach plans, attends, and supervises all team practices:
1 2 3 4 5

Remarks:

6. Practices start and end on time:
1 2 3 4 5

Remarks:

7. The coach ensures all team members conform to STJ & ISST regulations:
1 2 3 4 5

Remarks:

8. The coach took good care of and returned all STJ equipment:
1 2 3 4 5

Remarks:

9. The coach completed and communicated an end-of-season report, including award nominations:
1 2 3 4 5

Remarks:

10. The coach presents an exemplary image of the STJ community:
1 2 3 4 5

Remarks:

11. The coach exhibits control over the team during practices and games:
1 2 3 4 5

Remarks:

12. The coach acts in a professional manner at all times (including relationship with parents):
1 2 3 4 5

Remarks:

13. Effectiveness of the coach in teaching technique:
1 2 3 4 5

Remarks:

14. Effectiveness of the coach in motivating athletes:
1 2 3 4 5

Remarks:

15. Overall Rating:
1 2 3 4 5

General Remarks:

Coaches' Remarks:

St. John's Athletic Department – Student-Athlete Season Evaluation

One of the goals of the Athletic Department is to continually improve our athletic program. Your opinions, suggestions and ideas are crucial in making our teams even better next year.

Circle level: JV Varsity

Circle gender: Male Female

Sport:

	Excellent	Above Average	Average	Needs Improvement	Unacceptable	Does Not Apply
Coach encouraged and modelled sportsmanship						
Coach was fair and consistent in treatment of players						
Coach developed team spirit and unity						
Coach is knowledgeable about the sport						
Practices were well-organized and prepared you for competition						
Coach communicates effectively and consistently with team						
Coach's game and sideline coaching helped me and my team during competition						
Coach exhibited good leadership skills						

Please give us some feedback on the work of the assistant coach(es):

Did you enjoy the season and your experience on this team? Why or why not?

List any suggestions you may have to improve the program:

St. John's International School Athletic Department Varsity Letter Policy

A Varsity Letter may be given out one time to a high school student during his or her athletic career, provided they have met the following requirements:

- a. The athlete must be a high school Junior or Senior (Grade 11 or 12)
- b. The athlete must have been a full-time member of a Varsity team
- c. The athlete must have been a starter, or have contributed significantly to the team's efforts
- d. The athlete has not previously received a St. John's Varsity Letter
- e. The athlete has not been suspended or removed from a team for violating the Athletic Code (current school year)
- f. The athlete is up to date with regard to all fees owed
- g. The athlete has returned all uniform items

Under certain circumstances, a waiver of one or more of these requirements may be granted by the Athletic Director, at his discretion. The Athletic Director will have final say on all Varsity Letter awards.